

“HEALTH HINTS”

Research Reports by Sherry L. Pallay
c 2005

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Health Hints c 2005 are written by Ms. Sherry L. Pallay based upon her extensive research on Principles for Optimal Health and Wellness.

Ms. Pallay focuses on “Simple answers to complex questions” in her writing style.

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PRAYER REQUESTS:

“Beloved, I wish above all things that thou mayest prosper, and be in good health, even as thy soul prospers.”

3 John, verse 2